



## EXALTATION OF THE HOLY CROSS PARISH

UKRAINIAN CATHOLIC CHURCH

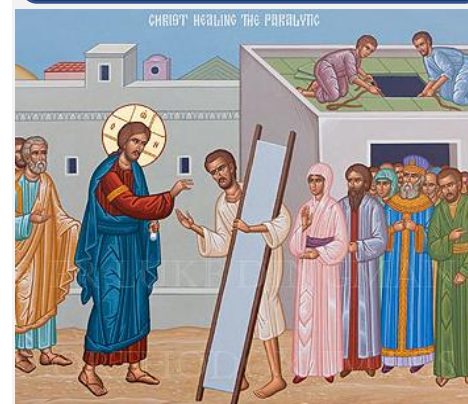
БОГОСЛУЖБЯ 1967-2019 БОГОСЛУЖБЯ

ПАРАФІЯ ВОЗДВИЖЕННЯ ЧЕСНОГО ХРЕСТА

УКРАЇНСЬКА КАТОЛИЦЬКА ЦЕРКВА

БОГОСЛУЖБЯ PARISH BULLETIN № 12. SUNDAY, MARCH 17, 2019 A.D. БОГОСЛУЖБЯ

### 2<sup>ND</sup> SUNDAY OF THE LENT ST. GREGORY PALAMAS



#### HOLY MYSTERIES

##### CONFESSION:

30 min before the Divine Liturgy or by appointment

##### HOLY COMMUNION:

for the sick, by appointment, any time

##### BAPTISM:

by appointment

**MARRIAGE:** six months notice should be given to the parish priest, and he should be contacted before any other arrangements are made

##### FUNERAL:

by appointment

#### CONTACT US

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604-584-4421 (parish hall)

**WEB:** www.crossparish.wordpress.com

On the 2<sup>nd</sup> Sunday of Great Lent, the Church opens before us the well-known page of the Holy Gospel about the cure of a paralytic man, who was brought to Christ by his four friends. This is a good example for the fast. The example, that only together people can be saved, supporting each other, loving, believing, helping and then God will help each of us. Because as He himself gets us out from the depth of sin, so He wants us to help each other.

Sometimes we can't help by outward works, but we can help by inner ones, to help by a prayer. Every day prayer for each other, relatives, friends and even for enemies must be pronounced with such persistence and love as those people, carrying a paralytic man, tried to get into the house where Christ was.

Today the Church also commemorates Saint Gregory Palamas. It was St. Gregory who bore living witness that men can become divine through the grace of Lord in the Holy Spirit; and that even in this life, by prayer and fasting, human beings can become participants of the uncreated light of God's divine glory.

*"Absence of passions and the possession of virtue constitute love for God; for hatred of evil, resulting in the absence of passions, introduces in its place the desire for and acquisition of spiritual blessings. How could the lover and possessor of such blessings not love God above all, the Master who is Benediction itself, the only provider and guardian of every good thing? For in a special way such a person is in God, and by means of love he also bears God within himself, in accordance with the words, 'He who dwells in love dwells in God, and God in him'"*

**St. Gregory Palamas**

**Troparion, Tone 2:** When You went down to death, O Life Immortal,\* You struck Hades dead with the blazing light of Your divinity.\* When You raised the dead from the nether world,\* all the powers of heaven cried out:\* “O Giver of Life, Christ our God, glory be to You!”.

**Troparion, Tone 8:** Light of orthodoxy, teacher of the Church; its confirmation!\* Ideal of monks and invincible champion of theologians.\* Wonder-working Gregory, glory of Thessalonica and preacher of grace:\* always intercede before the Lord that our souls may be saved!

*Glory be to the Father and to the Son and to the Holy Spirit, now and for ever and ever. Amen.*

**Kontakion, Tone 4:** The time for action is now revealed;\* the Judge is at the door.\* Let us rise and keep the fast,\* offering tears of contrition with alms and crying aloud:\* our sins are more numerous than the sands of the sea,\* but forgive us, O Maker of all, that we may receive incorruptible crowns.

**Prokeimenon, Tone 5:** You, O Lord, will guard us and will keep us\* from this generation and forever.  
*verse:* Save me, O Lord, for there is no longer left a just man.

**A Reading from the Epistle to the Hebrews (1:10-2:3)** “In the beginning, Lord, you founded the earth, and the heavens are the work of your hands; they will perish, but you remain; they will all wear out like clothing; like a cloak you will roll them up, and like clothing they will be changed. But you are the same, and your years will never end.” But to which of the angels has he ever said, “Sit at my right hand until I make your enemies a footstool for your feet”? Are not all angels spirits in the divine service, sent to serve for the sake of those who are to inherit salvation? Therefore we must pay greater attention to what we have heard, so that we do not drift away from it. For if the message declared through angels was valid, and every transgression or disobedience received a just penalty, how can we escape if we neglect so great a salvation? It was declared at first through the Lord, and it was attested to us by those who heard him.

**Alleluia, Tone 2**

*verse:* The Lord will hear you in the day of tribulation; the name of the God of Jacob will shield you.

*verse:* Lord, grant victory to the king and hear us in the day that we shall call upon You.

**Gospel: Mark 2:1-12**

**Instead of *It is truly*...** In you, O Full of Grace, all creation rejoices: the angelic ranks and all the human race. Sanctified temple and spiritual paradise, virgins’ pride and boast, from whom God is made flesh and became a little Child; and He who is our God before all ages, He made your womb a throne, and He made it wider that all the heavens. In you, O Full of Grace, all creation rejoices. Glory be to you.

**Communion Hymn:** Praise the Lord from the heavens;\* praise Him in the highest.\*Alleluia (x3).

**Тропар (глас 2):** Коли зійшов Ти до смерти, Життя безсмертне,\* тоді ад умертвив ти блистінням Божества.\* Коли ж і умерлих із глибин підземних воскресив Ти,\* всі сили небесні взивали:\* Життедавче, Христе Боже наш, слава Тобі..

**Тропар (глас 8):** Православ’я наставнику, святителям окрасо,\* богословам непереможного переможця,\* Григоріє чудотворче, Солуня велика похвало, проповіднику благодаті,\* моли Христа Бога, щоб спаслися душі наші.

*Слава Отцю, і Сину, і Святому Духові. І нині, і повсякчас, і на віки вічні. Амінь.*

**Кондак (глас 4):** Нині час для діяння явився,\* при дверях суд,\* востаньмо, отже, постячися,\* принесім сльози благання з милостинями, взиваючи:\* Ми согрішили більше піску морського,\* але ослаби, Творче всіх, щоб ми прийняли нетлінні вінці.

**Прокімен (глас 5):** Ти, Господи, збережеш нас\* і захистиш нас від роду цього і повік.  
*Стих:* Спаси мене, Господи, бо не стало праведного. (Пс. 11,2).

**До Євреїв послання читання (1,10-2,3):** «Ти, Господи, напочатку заснував землю і небеса – діло рук твоїх. Вони загинуть, ти ж перебуваєш; усі, мов одежа, постаріються. Ти їх, неначе одєжину, згорнеш і, немов одежа, вони зміняться. Ти ж – той самий, і літа твої не скінчаться.» До кого з ангелів він коли мовив: «Сідай праворуч мене, доки не покладу твоїх ворогів підніжком під твої ноги?» Хіба ж не всі вони служебні духи, що їх посилають до послуг тим, які мають успадкувати спасіння? Тому ми мусимо вважати дуже пильно на те, що почули, щоб, бува, нас не знесло з дороги. Бо коли слово, оголошене ангелами, було таке зобов’язуюче, що всякий його переступ і непослух приймав справедливую кару, то як утечемо ми, коли занедбаємо таке велике спасіння? Воно, спочатку проповідане Господом, було підтверджене нам тими, що його чули.

**Алилуя (глас 5):**

Стих: Хто живе під охороною Всевишнього, під покровом Бога небесного оселиться.  
Стих: Скаже він Господеві: Ти заступник мій і пристановище моє, Бог мій, на котрого я надіюся.

**Євангеліє: (Мр 2,1-12)**

**Замість Достойно:** Тобою радується, Благодатная, всяка твар, ангельський собор і чоловічеський рід, освящений храме і раю словесний, дівственна похвало, що із неї Бог воплотився і младенцем став – перед віками суций Бог наш. Лоно бо твоє престолом сотворив і утробу твою просторішою небес учинив. Тобою радується, Благодатная, всяка твар, слава тобі.

**Причасний:** Хваліте Господа з небес,\* хваліте Його на висотах.\*. Алилуя (x3).



## ANNOUNCEMENTS

✠ **HOLY CROSS PARISH WELCOMES** Most Rev. Bishop Ken (Nowakowski)! "May the Lord bless you from Zion, and may you see the prosperity of Jerusalem all the days of your life, now and ever, and for ages of ages (Psalm 128:5)."

✠ **DONATIONS:** March 3rd. - \$500. March 10th. - \$504. May God reward your richly for your generosity

✠ **ALL SOULS SATURDAY (ЗАДУШНІ СУБОТИ)** – our prayers for our beloved deceased ones (SOROKOUSTY) will continue on Saturdays (instead of Fridays) of the Great Fast (March 23 & 30.) at 10:00AM. The books for the deceased are available at church entrance. Please remember to pray for the deceased members of your family & friends.

✠ **TAX RECEIPT:** please make sure you pick up your TAX RECEIPT which is in an envelope slot.



✠ **СПІЛЬНОТА «МАТЕРІ В МОЛИТВІ»** Запрошує всіх жінок приєднатися до молитовної зустрічі наступної неділі – 24 березня. Спільнота «Матері у молитві» об'єднує жінок, які присвячують свій час молитві за дітей – і не лише за своїх, а й за дітей усього світу. Самі матері ведуть молитви, пропонують намірення на молитву. Під час зустрічей жінки діляться своїми проблемами, своїм духовним досвідом, підтримують одна одну.

✠ **Next UCWLC MEETING** – will take place on **Saturday, March 30th** at 10:00 a.m.

✠ **FOR SECURITY** reasons the hall will be locked between Masses. The key can be found in the envelope box near the Church entrance door. For those needing to use the hall or bathroom, Kindly Lock the Hall & return key to location.

✠ **KOFC MEETING** will take place on **Tuesday, MARCH 9th**, at the parish hall at 7:30p.m.

✠ **2019 ANNUAL EPARCHIAL LENTEN COLLECTION** – will take place on Sunday, March 31st.

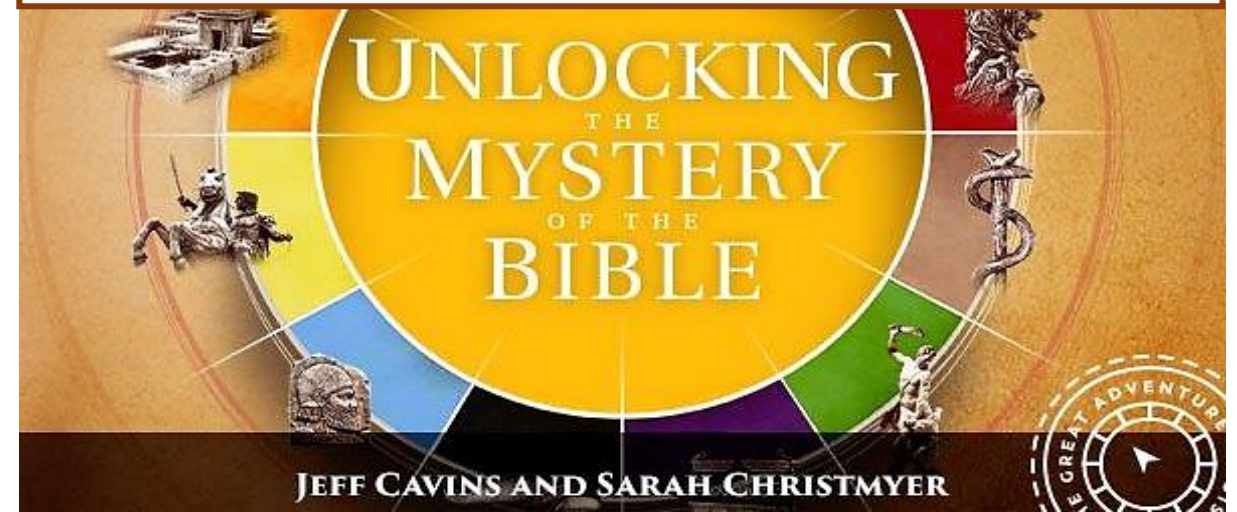
✠ **PRAYER REQUEST:** pray for the sick and infirmed of our Parish in your prayers: OLIVE NOSATY, MARY SHEMLEY, MARK QU, STELLA ANDRUSIAK, KATRUSIA & JERRY SWERYDA, ANGELA KILLEN, LINDA CHUCHRYN, ANNA MARKIW, RENE HITCHEN and those who have asked us to pray for them.

✠ **CONGRATULATION!** May the Almighty God bless in good health and salvation in Many Happy and Blessed Years of Life **to all** who celebrated their Birthdays or Anniversaries. Mnohaya i Blahaya Lita!



✠ **APPEAL TO UKRAINIAN CATHOLIC YOUTH (age 16-29)** - Let your Church hear your voice on these issues: how do you see your membership and participation in the life of our Church, what good do you see in it, why are you a Ukrainian Catholic and why do you want to be a Ukrainian Catholic, what do you expect from your Church? You can address these issues by going to the

## YOU ARE INVITED TO THE BIBLE STUDY MARCH 19 at 7:00pm



### An Engaging Journey Through the Bible

This eight-part study (30-minute sessions) provides the easiest way to understand the Bible. *Unlocking the Mystery of the Bible* makes the complex simple. It helps you uncover the story woven throughout Scripture so that you can get the "big picture" of the Bible and understand what it is all about. The Bible is a story about the Father's unfailing love for you - a love that you are now called to share with others.

#### You will:

- Make sense of the Bible and see how it relates to your everyday life
- Discover the remarkable connections between the Old and New Testaments
- See how the sacraments, the Church and our entire Catholic Faith is rooted in Scripture ... and much more!

following link: <https://goo.gl/forms/2EF3oyW2ZiVxBB362> The survey must be completed by March 31 (from April 1 it will no longer be active).

✠ **BEQUESTS AND WILLS:** Leaving a bequest is a process of giving a donation through your will. It is simply a distribution from your estate to a charitable organization through your last will and testament. It can be as small or as large a donation as you wish. It is important that you talk to your lawyer about the process. In your kindness please remember the Holy Cross Ukrainian Catholic Church in your bequests and wills. If anyone wishes to make such a bequest in their will, the following clause may be included or added to a will: "I give, devise, and bequeath to the Holy



15 March 2019

Dear Muslim Brothers and Sisters,

On behalf of the Catholic Bishops of Canada, I wish to extend to you our deepest condolences and assure you of our solidarity and support during this terrifying time. On the evening of 14 March, we learned about the horrendous shootings which took place at both Al Noor Mosque and Linwood Mosque, in Christchurch New Zealand, during Friday prayer, a time of worship and peace disrupted by violence and hate. We are horrified that the attack injured and killed so many people, and left behind a feeling of fear and uncertainty in your homes and places of worship. For Canadians, and especially Muslim Canadians, this act of horrific violence is a painful reminder to the shooting which took place 29 January 2017 at the *Centre culturel islamique de Québec*, in Canada.

As the Muslim communities and the entire population of New Zealand mourn the dead and care for the injured, the Catholic community of Canada extends to you its fraternal proximity and assurance of prayers and support.

The Catholic Bishops of Canada reiterate the sentiments of peace and love so beautifully expressed by The Grand Imam of *Al-Azhar*, *Ahmed el-Tayeb* and His Holiness Pope Francis, on 4 February 2019, when they declared together:

In the name of God who has created all human beings equal in rights, duties and dignity, and who has called them to live together as brothers and sisters, to fill the earth and make known the values of goodness, love and peace; In the name of innocent human life that God has forbidden to kill, affirming that whoever kills a person is like one who kills the whole of humanity, and that whoever saves a person is like one who saves the whole of humanity<sup>1</sup>

May God Almighty grant you mercy and compassion in abundance.

Sincerely yours,

+Lionel Gendron, P.S.S.  
Bishops of St-Jean-Longueuil and  
President of the Canadian Conference  
of Catholic Bishops

<sup>1</sup> [https://w2.vatican.va/content/francesco/en/travels/2019/outside/documents/papa-francesco\\_20190204\\_documento-fratellanza-umana.html](https://w2.vatican.va/content/francesco/en/travels/2019/outside/documents/papa-francesco_20190204_documento-fratellanza-umana.html)

Cross Ukrainian Catholic Parish - 13753 108 Ave, Surrey, BC., the sum of \$\_ (or \_% of my estate), to be used for the benefit of the parish and its pastoral activities.”

## NEWS

### ST. SOPHIA PARISH: BUILDING A CHURCH. BUILDING A COMMUNITY.

A project that began in the planning stages 15 years ago, St. Sophia Ukrainian Catholic Parish is building a church in Sherwood Park. The ground blessing/sod turning ceremony took place on-site on Sunday, July 8, 2018 and was presided over by Bishop David Motiuk, Ukrainian Catholic Eparchy of Edmonton and Reverend Rendy Yackimec, Parish Priest of St. Sophia Parish. The construction site on Baseline Road and Range Road 224 is a busy place with a scheduled completion date in the Summer of 2019. With the assistance of Very Rev. Stephen Wojcichowsky, Vicar General of the Eparchy, the building design committee is hard at work choosing everything from flooring to chandeliers.



This project is a dream come true for many faithful in the Sherwood Park area. St. Sophia Ukrainian Catholic Parish practices the rich traditions of the Byzantine Rite within a modern contemporary context. The parish consists primarily of young families with a healthy representation from all generations. It offers programs and activities that promote the spiritual, educational, cultural and social needs of its members and beyond. There are currently over 140-member families in the Parish; numbers that are expected to grow with the new facility.

**St. Sophia in the Community.** For over 15 years, St. Sophia Parish has been an important part of Strathcona County and the Greater Edmonton Area. It is home to hundreds of local residents who contribute to the community at large through acts of charity and volunteerism. St. Sophia Parish has relied on the support of the community for its temporary home over the years, and currently worships in Madonna School. The new St. Sophia Church will expand the parish's role in the community by providing a welcoming place for worship, fellowship, social activities and gatherings for families, seniors, youth and children from diverse backgrounds.



**About the Building.** St. Sophia Parish is building a 12,000 square foot church and multipurpose room in Sherwood Park which will accommodate approximately 300 people. With construction underway, the building is scheduled for completion in Fall of 2019. Its contemporary yet traditional design was completed by Concept Plus Architecture and Engineering, with construction contracting by Krawford Construction.

**Dollars and Cents.** The cost of this community-inspired project is over \$4 million and is possible with parish fundraising activities and donors.

*A dream you dream alone is only a dream. A dream you dream together is reality. Yoko Ono*  
*A dream doesn't become reality through magic; it takes sweat, determination and hard work*



LITURGICAL SCHEDULE, MARCH 18 – MARCH 24, 2019 A.D.			
TUESDAY, MARCH 19	AKATHIST OF THE SUFFERING OF CHRIST	06:00pm	
WEDNESDAY, MARCH 20	LITURGY OF THE PRE-SANCTIFIED GIFTS	07:00pm	
THURSDAY, MARCH 21	AKATHIST OF THE SUFFERING OF CHRIST	09:30am	
FRIDAY, MARCH 22	LITURGY OF THE PRE-SANCTIFIED GIFTS	07:00pm	
SATURDAY, MARCH 23	SOROKOUSTY	10:00am	
SUNDAY, MARCH 24	DIVINE LITURGY (ENG)	09:00 AM	
	DIVINE LITURGY (UKR)	11:00 AM	

*Your story continues at...*

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Join us for the 24th Annual  
**BC Ukrainian Cultural Festival**  
Dance, Music, Food, Arts & Crafts

When: Saturday, May 4th, 2019  
Time: 9:00AM - 6:30PM  
Location: Clarke Theatre  
Heritage Park Secondary School  
33700 Prentis Ave, Mission, BC

Admission:  
Adults & Seniors \$8  
Youth (7-18 Years) \$5  
Children (6 and Under) \$1

**www.bcucf.ca**  
Sponsored by the BC Ukrainian Cultural Festival Society, a non-profit organization





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