



EXALTATION OF THE HOLY CROSS PARISH

UKRAINIAN CATHOLIC CHURCH



Парафія Воздвиження Чесного Хреста

УКРАЇНСЬКА КАТОЛИЦЬКА ЦЕРКВА

ПАРІШ БУЛЕТІН № 9, MARCH 1, 2020 A.D. ПАРАФІЯ

Sunday of Orthodoxy



HOLY MYSTERIES

CONFESSION:

30 min before the Divine Liturgy *or* by appointment

HOLY COMMUNION:

for the sick, by appointment, any time

BAPTISM: by appointment

MARRIAGE: six months notice should be given to the parish priest, and he should be contacted before any other arrangements are made

FUNERAL: by appointment

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When I was in High School, the Lord put an amazing grace into my life. High School can be a very difficult time or transition, confusion and sometimes loneliness. In this way it makes a good preparation for university, where this often becomes amplified! During this confusion the Lord introduced me to a group of people struggling to live out the Gospel with their lives—day in and day out! I had been told by a Bible-study leader at the local Roman Catholic Church to check out “Marian Centre” a soup kitchen run by Lay Apostles. I took his invitation and spent a Saturday morning visiting with these Apostles and serving soup to the local homeless people in Edmonton, the “Christopher’s,” Christ-bearers, as the Apostles called them. It was an amazing experience and although I couldn’t put my finger on it was that they had, but I knew that I wanted it!

We celebrate the “Sunday of Orthodoxy” today and commemorate the historical victory of the acceptance of Icons. But what we are celebrating is not a “mode of worship” or “choice of art” but the Incarnation of Christ and the re-affirmation of His presence in the world and the holiness of matter. At Marian centre I responded to St. Philip’s invitation to “come and see” and found a group of Apostles who really did see people for who they are, living icons, people made in the Image and Likeness of God!

The Great Fast is an opportunity to work on our spiritual eyesight. What do we see when we look at our neighbor? Do we venerate the Holy Icons in Church without truly realizing that the person sitting next to us is made in the Image of God, receives the Body and Blood of Christ and is a temple of the Holy Spirit? Let us truly live in “Orthodoxy” –Right Glory/Worship—by seeing Christ in the living icons of our brothers and sisters!

(Royal Doors Resource)

Troparion (Tone 5): Let us the faithful acclaim and worship the Word,* co-eternal with the Father and the Spirit,* and born of the Virgin for our salvation.* For He willed to be lifted up on the cross in the flesh, to suffer death* and to raise the dead by His glorious resurrection.

Glory be to the Father and to the Son and to the Holy Spirit.

Kontakion (Tone 2): We bow before Your most pure image, O kind Lord,* and beg pardon for our sins, O Christ our God.* Of Your own will You consented to ascend the Cross in the flesh to free Your handiwork from enslavement to the enemy.* In thanksgiving we cry aloud to You:* by coming to save the world, our Saviour, You filled all things with joy.

Now and for ever and ever. Amen.

Kontakion (Tone 8): The uncircumscribed Word of the Father* became circumscribed when He took flesh of you, O Mother of God,* and when He restored the divine image to its ancient glory,* He suffused it with the beauty of God.* Therefore, confessing our salvation in deed and word,* we portray it in images.

Prokeimenon (Tone 4) Blessed are You, Lord God of our fathers,* and praised and glorified is Your Name for ever.

Verse: For You are righteous in everything You have done to us.

A Reading from the letter of St. Paul to the Hebrews (Heb 11:24-26, 32-40):

Brethren, by faith Moses, when he became of age, refused to be called the son of Pharaoh's daughter, choosing rather to suffer affliction with the people of God than to enjoy the passing pleasures of sin, esteeming the reproach of Christ greater riches than the treasures in Egypt; for he looked to the reward. And what more shall I say? For the time would fail me to tell of Gideon and Barak and Samson and Jephthah, also of David and Samuel and the prophets: who through faith subdued kingdoms, worked righteousness, obtained promises, stopped the mouths of lions, quenched the violence of fire, escaped the edge of the sword, out of weakness were made strong, became valiant in battle, turned to flight the armies of the aliens. Women received their dead raised to life again. Others were tortured, not accepting deliverance, that they might obtain a better resurrection. Still others had trial of mockings and scourgings, yes, and of chains and imprisonment. They were stoned, they were sawn in two, were tempted, were slain with the sword. They wandered about in sheepskins and goatskins, being destitute, afflicted, tormented— of whom the world was not worthy. They wandered in deserts and mountains, *in dens and caves of the earth.* And all these, having obtained a good testimony through faith, did not receive the promise, God having provided something better for us, that they should not be made perfect apart from us. Therefore we also, since

Тропар (глас 4): Світлу про воскресіння розповідь від ангела почувши* і від прадідного засуду звільнившись,* Господні учениці, радіючи, казали апостолам:* Здолано смерть, воскрес Христос Бог,* що дає світові велику милість.

Слава Отцю, і Сину, і Святому Духові.

Кондак (глас 2): Пречистому образів Твоєму поклоняємося, благий,* просячи прощення прогрішень наших, Христе Боже,* бо волею благоволив еси плоттю зійти на хрест,* щоб ізбавити тих, що їх створив еси, від неволі ворожої.* Тому благодарствено кличемо Тобі:* Ти радістю сповнив усе, Спасе наш, прийшовши спасти світ.

І нині, і повсякчас, і на віки вічні. Амінь.

Кондак (глас 8): Неописанне Слово Отче* із Тебе, Богородице, воплощенням описалося* і, осквернений образ у давнє зобразивши,* з божественною добротою з'єднало,* та, ісповідуючи спасення, ділом і словом ми це являємо.

Прокімен (глас 4): Благословен еси, Господи, Боже отців наших, і хвальне, і прославлене ім'я Твоє на віки

Стих: Бо праведний еси в усьому, що створив Ти нам

До Євреїв послання Св. Апостола Павла читання: (Єв 11:24-26, 32-12, 2):

Браття і Сестри, вірою Мойсей, коли був виріс, зрікся зватися сином дочки фараона; волів радше страждати разом з людом Божим, ніж зазнавати дочасної розкоші гріха, бо, дивлячись на нагороду, вважав за більше багатство наругу вибраного народу, ніж скарби Єгипту. І що ще скажу? Часу не вистане мені, як почну розповідати про Гедеона, про Варака, про Самсона, про Єфту, про Давида й Самуїла та пророків, що вірою підбили царства, чинили справедливість, обітниць осягнули, загородили пащі левам, вогненне полум'я гасили вістря меча уникали, ставали сильні, будши недолугі, на війні проявили мужність, наскоки чужинців відбивали. Жінки діставали назад своїх померлих, які воскресали. Інші загинули в муках, зрікшися від них звільнитись, щоб осягнути ліпше воскресіння. Інші зазнали наруг і бичів, кайданів і в'язниці; їх каменували, різали пилою, брали на допити; вони вмирили смертю від меча, тинялися в овечих та козячих шкурах, злиденні, гноблені, покривджені; вони, яких світ був невартий, блукали по пустинях, по горах, по печерах та земних вертепах. І всі вони, дарма що мали добре свідчення віри, не одержали обіцяного, бо Бог зберіг нам щось краще, щоб вони не без нас осягли завершення. Тому й ми, маючи кругом себе таку велику хмару свідків, відкиньмо всякий тягар і гріх, що так легко пристає до нас навколо, і

we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares *us*, and let us run with endurance the race that is set before us, looking unto Jesus, the author and finisher of *our* faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God.

Alleluia (Tone 4):

Verse: Moses and Aaron are among His priests and Samuel among those who call upon His name.

Verse: They called on the Lord, and He heard them.

Gospel: (John 1:-43-52)

At that time, Jesus wanted to go to Galilee, and He found Philip and said to him, "Follow Me." Now Philip was from Bethsaida, the city of Andrew and Peter. Philip found Nathanael and said to him, "We have found Him of whom Moses in the law, and also the prophets, wrote—Jesus of Nazareth, the son of Joseph." And Nathanael said to him, "Can anything good come out of Nazareth?" Philip said to him, "Come and see." Jesus saw Nathanael coming toward Him, and said of him, "Behold, an Israelite indeed, in whom is no deceit!" Nathanael said to Him, "How do You know me?" Jesus answered and said to him, "Before Philip called you, when you were under the fig tree, I saw you." Nathanael answered and said to Him, "Rabbi, You are the Son of God! You are the King of Israel!" Jesus answered and said to him, "Because I said to you, 'I saw you under the fig tree,' do you believe? You will see greater things than these." And He said to him, "Most assuredly, I say to you, hereafter you shall see heaven open, and the angels of God ascending and descending upon the Son of Man."

Hymn to the Mother of God instead of «It is truly»

In you, O Full of Grace, all creation rejoices: the angelic ranks and all the human race. Sanctified temple and spiritual paradise, virgins' pride and boast, from whom God is made flesh and became a little Child; and He who is our God before all ages, He made your womb a throne, and He made it wider than all the heavens. In you, O Full of Grace, all creation rejoices. Glory be to you.

Communion Verse: Praise the Lord from the heavens;* praise Him in the highest. The just man shall be in everlasting remembrance;* of evil hearsay he shall have no fear.
Alleluia. (3x)

біжімо витривало до змагання, що призначене нам, дивлячися пильно на Ісуса, засновника й завершителя віри, який, замість радості, що була перед ним, витерпів хрест, не звертаючи уваги на сором, і возсів праворуч Божого престолу.

Алилуя (глас 4):

Стих: Мойсей і Арон між єреями Його і Самуїл між тими, що призивають ім'я Його
Стих: Призивали Господа і Він вислухав їх.

Євангеліє: (Ів 1: 43-51)

В той час вирішив Ісус піти в Галилею. І найшовши Филипа, мовив до нього: Іди за мною. А був Филип з Витсаїди, з міста Андрія та Петра. Зустрів Филип Натанаїла і сказав до нього: Ми найшли того, про якого писав Мойсей у законі і пророки – Ісуса, сина Йосифа, з Назарету. Натанаїл сказав йому: Що доброго може бути з Назарету? Мовив до нього Филип: Прийди й подивися. Ісус, побачивши, що до нього надходить Натанаїл, сказав про нього: Ось справжній ізраїльтянин, в якому нема лукавства. Натанаїл сказав: Звідкіль ти мене знаєш? Сказав Ісус і промовив до нього: Перше ніж Филип тебе покликав, я тебе бачив, як був еси під смоковницею. Натанаїл відповів йому: Учителю, ти – Син Божий, ти – цар Ізраїля. Ісус у відповідь сказав йому: Тому що я мовив до тебе: я бачив тебе під смоковницею – віруєш. Побачиш більше, ніж те. І сказав до нього: Істинно, істинно кажу вам: побачите небеса відкриті і ангелів Божих, як вони возходять та сходять на Сина чоловічого.

Замість Достойно, співаємо:

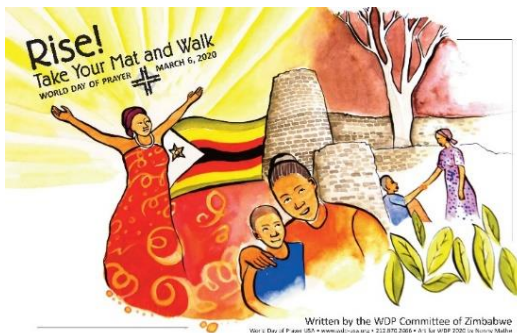
Тобою радується, Благодатная, всяка твар, ангельський собор і чоловічеський рід, освящений храме і раю словесний, дівственна похвало, що із неї Бог воплотився і младенцем став – перед віками суцїй Бог наш. Лоно бо Твоє престолом сотворив і утробу Твою просторішою небес учинив. Тобою радується, Благодатная, всяка твар, слава Тобі.

Причасний: Хваліте Господа з небес,* хваліте Його на висотах.* Радуйтеся, праведні, у Господі, правим належить похвала. Алилуя (х3)

Announcements

✠ **NEW Happy Birthday** to Sophie Watson, Diane Sorochuk and to all those who celebrated their birthdays or anniversaries this past week. May the Lord Our God continue to bless you abundantly and the Holy Mother of God protect you at all times. Многая Літа!

✠ **NEW World Day of Prayer 2020** will take place at the Holy Eucharist Ukrainian Catholic Cathedral, 501-4 th Avenue on March 6 at 1:00pm. The World Day of Prayer is a global ecumenical movement which brings Christians of many traditions together to observe a common day of prayer. This year's theme is "Rise! Take Your Mat and Walk," which provides an opportunity to pray, celebrate, and give hope to women touched by injustice, especially in Zimbabwe. Everyone is welcome to attend the WDP service which will be followed by refreshments and fellowship.



✠ **NEW Preparation for the first Confession and Solemn Communion** takes place every Sunday after Liturgy at 11:00 am (or 10:00 am).

✠ **NEW Sunday Collections:**

Feb 23: \$500

May God bless and reward you for your generosity & support!

✠ **NEW Sorokousty. Prayer for our deceased.** Our prayers for our beloved deceased ones will take place on Saturday 28th March at 10:00 at the Holy Cross Parish. The books for deceased are available at the entrance of the church.

✠ **Parish Council** meeting will be held on **March 19th** at 7:00 PM at our Parish Hall.

✠ **UCWLC Meeting** on **March 1st** after the catechesis around 11:45 am.

PASTORAL LETTER FOR THE BEGINNING OF GREAT LENT

Beloved Brothers and Sisters in Christ

From the moment my appointment to the Eparchy of the Holy Family of London was announced on 15 January, I have been preparing myself to become your bishop and shepherd. My enthronement at our cathedral is set for April 7, the Feast of the Annunciation. And in London quite a few people are assisting me in the planning and preparations that go into such an event. There is much to coordinate, with guests attending from near and far. Of course, I am sure that all of us have prepared for something important in our lives, packing suitcases for a long trip, studying for exams, planning for some celebration. However, I have

also been in situations where I did not have enough time to prepare. And when things did not work out as well as they could have, I realized that I should have made time.

My dear friends, we are entering into the time of Great Lent, the forty-day period during which the Church invites us to prepare ourselves properly for Easter, the greatest of Feasts, the celebration of the Resurrection of our Lord Jesus Christ! In this busy world of ours what are some things that we can do to prepare ourselves for Holy Pascha?

First of all, we can intensify our prayer life, which means that if we have the possibility to attend the various liturgical services that will be celebrated in our parishes during Lent, we should do so. If for some reason we are unable to attend our Lenten services, each day we can make a special effort to spend some time in prayer, either alone, or with family members, or even with friends.

Lent is traditionally a time for fasting and abstinence, in other words, a time to willfully deprive ourselves of some pleasure, of some activity we enjoy, and even a time to experience hunger. We exercise self-denial to practice control over ourselves and our sinful pride. We certainly don't fast so that we can look devout before others. Most of all, we fast as a sign of spiritual hunger for the Lord. We recognize that Christ can't fill our hearts if we are full of ourselves. Certainly, we should try to look deeply into our own hearts to set things right with God and with our neighbor, and receive the sacrament of reconciliation (holy confession). We have been invited to a wedding feast. We need to make sure that our wedding garment is ready (see Mat 22:1-14)!

Great Lent is also a time to be more sensitive to those who are perhaps in more need than we are. We can do that by supporting parish charitable initiatives, by volunteering at one of the many community social service providers in our neighbourhood, or by making a donation to some needy cause or person according to our ability. We also could resolve to visit someone who may be lonely, in a hospital or nursing home. In short, by purposely preparing ourselves for Easter we want to focus our attention on the Beatitudes that Jesus has given us as a guide to live by (see Mat.5:3-12; Lk 6:20-23), on the blessings that come with sacrifice, and the joy that awaits us.

Let us make this Lenten journey together by praying for each other and encouraging one another. During these days, while I am still in Canada packing my things, taking care of all work permit and visa requirements, I continue to keep all of you in my prayers. I look forward to celebrating Easter with you, to the joy of meeting you, my spiritual flock, and being your shepherd. Kindly pray for me and for all of those who are helping me in this time of preparation.

I continue to place each of you under the protection of the Holy Family, our Lord and Saviour Jesus Christ, the Most Holy Mother of God and ever-virgin Mary, and the holy and righteous St. Joseph the Betrothed.

The blessing of the Lord be upon you!

+Kenneth,
Bishop of the Eparchy of the Holy Family of London

FUNDRAISER FOR HOLY CROSS PARISH



EXPRESS

LITURGICAL SCHEDULE, 3-8 March, 2020 A.D.

TUE, MAR 3	DIVINE LITURGY (Holy Eucharist Cathedral in New Westminster)	08:30 AM
WED, MAR 4	LENTEN HOURS LITURGY OF THE PRESANCTIFIED GIFTS) (Holy Eucharist Cathedral in New Westminster)	08:30 AM 07:00 PM
THU, MAR 5	DIVINE LITURGY (Holy Eucharist Cathedral in New Westminster)	08:30 AM
FRI, MAR 6	LENTEN HOURS LITURGY OF THE PRESANCTIFIED GIFTS) (Holy Eucharist Cathedral in New Westminster)	08:30 AM 07:00 PM
SAT, MAR 7	DIVINE LITURGY VESPERS (Holy Eucharist Cathedral in New Westminster)	08:00 AM 06:00PM
SUNDAY, MAR 8	DIVINE LITURGY (ENG)	09:00 AM
	DIVINE LITURGY (UKR)	11:00 AM
	Catechesis for the First Confession	12:10 PM
	Матері в Молитві	12:45 PM

SUNDAY DIVINE LITURGY SCHEDULE FOR March 2020

- SUNDAY, Mar 8:** **09:00am** – DIVINE LITURGY (ENG)
 11:00am – DIVINE LITURGY (UKR)
-
- SUNDAY, Mar 15:** **09:00am** – DIVINE LITURGY (ENG)
 11:00am – DIVINE LITURGY (UKR)
-
- SUNDAY, Mar 22:** **09:00am** – DIVINE LITURGY (ENG)
 11:00am – DIVINE LITURGY (UKR)
-
- SUNDAY, Mar 29:** **09:00am** – DIVINE LITURGY (ENG)
 11:00am – DIVINE LITURGY (UKR)

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Kearney
FUNERAL SERVICES

Our pre-need team is here to help.

Mike Garisto, pre-need counsellor:

604-312-9799