



EXALTATION OF THE HOLY CROSS Ukrainian Catholic Parish



Українська Католицька Парафія ВОЗДВИЖЕННЯ ЧЕСНОГО ХРЕСТА

WELCOME

A warm welcome to parishioners and visitors joining us today.

Our doors are wide open:
to all who mourn or need comfort;
to all who are weary and need rest;
to all who seek friendship;
to all who desire to grow
in relationship with God;
to all who yearn to pray;
to all who need a Saviour,
and in the name our Lord, says:
WELCOME!

CONTACT US

Priest: Rev. Andriy Werbowy
о. Андрій Вербовий
Tel: 250-317-3881
Email: pastor@crossparish.ca

Address: 13753 - 108th Avenue,
Surrey BC, V3T 2K6
Email: info@crossparish.ca
Tel: 604-584-4421 (parish hall)
Web: www.crossparish.ca

HOLY MYSTERIES

Baptism: by appointment

Confessions: by appointment

Marriages: please contact the
Priest at least six months in
advance before any other
arrangements are made

Ministry of the Sick - Hospital

Visits: Parishioners with special
circumstances that wish to be
visited, please contact the Parish
Priest.

Funerals: by appointment

10 Sunday after Pentecost
10 Неділя після П'ятидесятниці
AUGUST 1, 2021

Today we hear the story of the man who brings his son (an epileptic) to the Lord Jesus Christ for healing. The man, a devout and caring father, comes and falls on his knees before the Lord and he cries out with a familiar cry "Lord, have mercy!" This is the proper way to worry about our children and loved ones, not with fruitless anxieties, but with heartfelt prayer to God with the cry "Lord have mercy!" Often people who come to our Church for the first time are quite amazed at the number of times they will hear us pray "Lord have mercy" at every service and especially at the Divine Liturgy. This is no accident but a purposeful habit that the Church, our mother, is trying to form within us. This prayer is not simply to be said with our mouths, but with our hearts. It is not to be said only on Sundays during the Divine Liturgy, but every day and if possible, every waking moment of the day. This prayer found in passages such as this one, is foundational for our understanding of the Jesus prayer. This prayer is often spoken of by the early fathers of the Church as simply "the prayer." The full Jesus prayer is said as follows "Lord Jesus Christ, Son of God, have mercy on me, the sinner." Often this will be shortened to "Lord Jesus, have mercy on me." An even shorter form is simply what we are already saying here every day "Lord have mercy."

This prayer needs to be foundational in our lives. We build a life of prayer upon these words which are short, sweet and go directly to the point. The repetition of the Jesus prayer allows us to fulfill the teaching of St. Paul who tells us to "pray without ceasing." This prayer makes it easier for us to pray at other times and to keep a warm connection with God as we go through our day.

The Transfiguration of Christ is one of the Great Feasts of our Church, celebrated on August 6 and August 19 (Old Calendar).

Jesus had gone with his disciples Peter, James, and John to Mount Tabor. Christ's appearance was changed while they watched into a glorious radiant figure. There appeared Elijah and Moses, speaking with Jesus. The disciples were amazed and terribly afraid.

This event shows forth the divinity of Christ, so that the disciples would understand after his Ascension that He was truly the radiant splendor of the Father, and that his Passion was voluntary (Mark 9:2-9). It also shows the possibility of our own theosis.

DIVINE LITURGY PROPERS

Prayer Book - Tone 1 - page 89

A Reading from the first letter of St. Paul to the Corinthians (4:9-16)

Brethren, God has exhibited us apostles as last of all, as though sentenced to death, because we have become a spectacle to the world, to angels and to mortals. We are fools for the sake of Christ, but you are wise in Christ. We are weak, but you are strong. You are held in honour, but we in disrepute. To the present hour we are hungry and thirsty, we are poorly clothed and beaten and homeless, and we grow weary from the work of our own hands. When reviled, we bless; when persecuted we endure; when slandered, we speak kindly. We have become like the rubbish of the world, the dregs of all things, to this very day. I am not writing this to make you ashamed, but to admonish you as my beloved children. For though you might have ten thousand guardians in Christ, you do not have many fathers. Indeed, in Christ Jesus I became your father through the gospel. I appeal to you, then, be imitators of me.

Молитовник - Глас 1 - стр. 88

До Коринтян послання Св. Апостола Павла читання: (1Кр 4,9-16)

Браття, Бог поставив нас, апостолів, останніми, немов призначених на страту; ми бо стали видовищем і світові, й ангелам, і людям. Ми нерозумні Христа ради, ви ж у Христі розумні; ми немічні, ви ж – міцні; ви славні, ми ж без чести. До сього часу ми голодуємо і спрагли і нагі; нас б'ють, і ми скитаємось. Ми трудимося, працюючи власними руками; нас ображають, а ми благословляємо; нас гонять, а ми терпимо; нас ганьблять, а ми з любов'ю відзиваємось; ми мов те сміття світу стали, покидьки всіх аж досі. Не щоб осоромити вас я це пишу, але щоб як дітей моїх улюблених навести на розум. Бо хоч би ви мали тисячі учителів у Христі, та батьків не багато; бо я вас породив через Євангелію в Христі Ісусі. Отож благаю вас: Будьте моїми послідовниками.

PARISH ANNOUNCEMENTS

- **WARMEST GREETINGS** to **Nathan Nykytiuk**, son of Alla and Viktor, who today is receiving the sacraments of Christian Initiation: Baptism, Chrismation & Holy Eucharist. Многая Літа!
- **BLESSING OF THE FRUITS & VEGETABLES** (Благословення першоплодів): Friday, August 6 after the Divine Liturgy as we celebrate the Feast of the Transfiguration of our Lord.
- **SACRAMENT OF RECONCILIATION** – dear parishioners, due to the Covid 19 pandemic, we were not able to hold our annual Advent & Lenten missions and thus missed an opportunity for the Sacrament of Confession. Now that we can gather again in church, you are encouraged to partake of this very important Sacrament.
- **REMINDER.** Beloved in Christ, please always remember that we never take a day off or a vacation from God, or from our obligation to attend Divine Liturgy on Sundays. When traveling, working or studying, make sure you check out the service schedule for the area churches at our eparchial website: www.nweparchy.ca and attend the Divine Liturgy.
- **DONATIONS** - Amid Covid-19 outbreak causing these challenging times we continue to rely on your generosity. for the parish would be greatly appreciated. We still have expenses and rely on your support. You can make donations on our web-site. <https://crossparish.ca/donation/> or sending them by mail: Holy Cross Parish 13753 - 108th Avenue, Surrey BC, V3T 2K6
- **OFFERING PRAYERS:** parish members requesting the celebration of a Divine Liturgy for a special intention (such as: Thanksgiving, the Infirm, General Intentions, the Deceased, Help of the Holy Spirit, for the Travelers, etc.), please contact Fr. Andriy.

➤ **THANK YOU TO ALL OUR SUPPORTERS – ДЯКУЄМО** – Our gratitude to everyone for your prayers & ongoing financial support of our parish and for all other ways in which you assist our church community. God bless you all!

➤ **PARISH CALENDAR OF BIRTHDAYS AND ANNIVERSARIES** - if you would like to be included in our Parish Family Calendar of Birthday and Anniversaries celebrations, please notify Fr. Andriy

➤ **HAPPY BIRTHDAY / HAPPY ANNIVERSARY:** to those who celebrate their birthday or anniversary. This week's birthday: **Nataliia Pochtar**. May the Lord Our God continue to bless you abundantly and the Holy Mother of God protect you. Многая Літа!

➤ **REMEMBER TO PRAY FOR:** your family; your fellow parishioners; especially the shut-in or those in the hospital; those seeking God's answer to their prayers or those rejoicing with God's answer; those celebrating a birthday or anniversary; those called to their eternal reward and for the family they leave behind; as well as any other need.

➤ **A GIFT OF TIME** - Everyone has been affected by the COVID pandemic. For some the effects have been physical however many people have been affected psychologically experiencing stress, anxiety and depression. While there may be people who have more money and possessions, we all have the same amount of time: exactly 24 hours every day. The greatest gift you can give someone is your time. We encourage you to reach over the phone to connect with your fellow parishioners and share with them your gift of time. Let it be your gift to them and a gift to yourself as well as we all connect as a spiritual family.

➤ **BEQUESTS AND WILLS:** Leaving a bequest is a process of giving a donation through your will. It is simply a distribution from your estate to a charitable organization through your last will and testament. It can be as small or as large a donation as you wish. It is important that you talk to your lawyer about the process. In your kindness, please remember Holy Cross Ukrainian Catholic Parish in your bequests and wills. If anyone wishes to make such a bequest in their will, the following clause may be included or added to a will: "I give, devise, and bequeath to Holy Cross Ukrainian Catholic Church at 13753 - 108th Avenue, Surrey BC, the sum of \$_ (or _% of my estate), to be used for the benefit of the church/parish and it's needs and pastoral ministry."

SCHEDULE FOR THIS WEEK

You can check our schedule at: <http://crossparish.ca/about/parish-calendar>

1	AUG, SUN	● 09:00 – 10:00	Divine Liturgy (English)
		● 10:30 – 11:30	Baptism Nathan Nykytiuk
		● 10:30 – 11:30	Divine Liturgy (Ukrainian)
3	AUG, TUE	● 09:30 – 10:30	Divine Liturgy
4	AUG, WED	● 09:30 – 10:30	Divine Liturgy
5	AUG, THU	● 09:30 – 10:30	Divine Liturgy
6	AUG, FRI	● All day	Transfiguration
		● 09:30 – 10:30	Divine Liturgy - blessing of the fruits
8	AUG, SUN	● 09:00 – 10:00	Divine Liturgy (English)
		● 10:30 – 11:30	Divine Liturgy (Ukrainian)

OTHER RELIGIOUS NEWS / ANNOUNCEMENTS

➤ **PARISH HUB** - As a part of the Edmonton Eparchy's Evangelize 2021 Plan, Bishop David announced the creation of Parish Hub, an online website where individuals can access and share information that is directly related to developing, growing, and managing our parishes. This was recently launched so content is still gradually being added. Parish Hub can be found at: <https://eeparchy.com/parish-hub/>

➤ Patriarch Sviatoslav promulgated the Youth Catechism of the Ukrainian Catholic Church, *Walking with Christ*. An excerpt of the June 28 Official Launch Ceremony led by His Beatitude can be viewed at (in Ukrainian): [Ми йдемо з Христом. Катехизм для молоді. Онлайн-трансляція](#)

Bishop David's message on the official presentation of the Youth Catechism at:

<https://ct.ugcc.ua/video/36672> (Ukrainian)

<https://youtu.be/DhbAVqiP4W4> (English)

The Patriarchal Catechetical Commission celebrates its 25 th Anniversary in 2021.

This year, the Ukrainian Catholic Church also marks the 10 th Anniversary of the publication of the Ukrainian Catholic Catechism, *Christ, Our Pascha*.

➤ The Archdiocese of Toronto produced a document entitled [Background for Catholics – Residential Schools](#).

The document contains a series of questions and answers which are meant to provide factual information on the history of residential schools and the role that the Catholic Church played in managing them.

➤ **THE 52ND INTERNATIONAL EUCHARISTIC CONGRESS** will take place from September 5-12, 2021, in Budapest, Hungary (originally scheduled for September 2020). Registration and further information is available at <https://www.iec2020.hu/en/program>

➤ **UNITY 2021 - Young Adult Gathering (18 - 35 years of age)** With the blessing and support of the Rev. Bishop Bryan Bayda, the Eparchy of Toronto and Eastern Canada is excited to be hosting Unity 2021.

Unity is a gathering for young adults (18 - 35 years of age) of our church "who seek to further understand their Catholic Faith, to embrace it more fully and to celebrate it more profoundly. With the grace of God, this is accomplished by means of prayer, education and fellowship."

Unity 2021 is scheduled to take place **Friday August 6 – Saturday August 7, 2021**.

The theme of Unity 2021 is "Stillness In The Chaos" "Be still and know that I am God" Psalm 46:10 will be our motto for the weekend. This past year has been incredibly difficult for so many, and this topic is more important than ever. We will have sessions on: Mental health, Having a relationship with God, What it means to be Ukrainian Catholic, The Divine Liturgy, Theology of the body and dating, Wellness of Body, Mind and Spirit, Evangelism and the leadership of Jesus Christ, and Catholicism and non-traditional families.

Unity 2021 will be offered ONLINE, and all sessions will be held over Zoom. There is NO COST to attend this event.

Since our programming will be offered fully online this year, our planning committee felt it would be a unique opportunity to reach out and include fellow Ukrainian Catholics across North America. It truly will be a blessing to have all North American eparches represented at Unity 2021.

More information about this event can be found here: <https://unity2021.mailchimpsites.com>

Registration is NOW OPEN. Participants can register by going to this link <http://bit.ly/3cnsRKT>

➤ **LAY LEADERSHIP FORMATION OPPORTUNITIES** - Interested in learning more about God, your faith, and the Church? Sign up for an online course (or two or three) or even work towards a Certificate in Eastern Christian Traditions at Newman Theological College (Edmonton). The course offerings include Scripture, Eastern Christianity Theology I and II, Eastern Catholic Worship and Spirituality, the Holy Mysteries (Sacraments), and Praying with Icons. Each course consists of 10 online sessions, spanning 5 weeks, requiring some 4 hours of work per week (2 hours per lesson). No exams. Cost of registration per course \$85.00 plus the cost of books. To register and for more information, visit www.Newman.edu/CCS