



EXALTATION OF THE HOLY CROSS Ukrainian Catholic Parish



Українська Католицька Парафія ВОЗДВИЖЕННЯ ЧЕСНОГО ХРЕСТА

WELCOME

A warm welcome to parishioners and visitors joining us today.

Our doors are wide open:
to all who mourn or need comfort;
to all who are weary and need rest;
to all who seek friendship;
to all who desire to grow
in relationship with God;
to all who yearn to pray;
to all who need a Saviour,
and in the name our Lord, says:
WELCOME!

CONTACT US

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о. Андрій Вербовий

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HOLY MYSTERIES

Baptism: by appointment

Confessions: by appointment

Marriages: please contact the Priest at least six months in advance before any other arrangements are made

Ministry of the Sick - Hospital

Visits: Parishioners with special circumstances that wish to be visited, please contact the Parish Priest.

Funerals: by appointment

30 Sunday after Pentecost - 30 Неділя після П'ятидесятниці
JANUARY 16, 2022

Our Venerable and God-bearing Father Anthony the Great (Jan.17)

Our venerable and God-bearing Father Saint Anthony the Great was born in to a wealthy family in upper Egypt about 254 AD. Also known as Anthony of Egypt, Anthony of the Desert, and Anthony the Anchorite, he was a leader among the Desert Fathers, who were Christian monks in the Egyptian desert in the 3rd and 4th centuries AD. The Orthodox Church celebrates his feast on January 17.

One day after a teaching on Jesus saying to the people, "If you want to be perfect, go, sell what you have and give to the poor, and you will have treasures in heaven; and come, follow Me" (Matthew 19:21), St. Anthony sold everything he owned, gave the proceeds to the poor, and left the city behind to live in the desert.

Although he held no titles or position, his holiness marked him as one whose wisdom commanded respect. When the Synod of Nicea was convened, he was invited to participate. His eloquent defense of the Orthodox doctrine concerning the person of Jesus Christ was instrumental in weakening the position of Arianism. His witness led to the eventual and complete elimination of Arianism.

He instructed his followers to bury his body in an unmarked, secret grave, lest his body become an object of veneration. The monastic rules of Saint Anthony, the "patriarch" of monastic life, have served as the basis for countless monasteries.

Quotes:

"I saw the snares that the enemy spreads out over the world and I said groaning, "What can get through from such snares?" Then I heard a voice saying to me, "Humility"."

"Our life and our death is with our neighbor. If we gain our brother, we have gained God, but if we scandalize our brother, we have sinned against Christ."

"A time is coming when men will go mad, and when they see someone who is not mad, they will attack him saying, 'You are mad, you are not like us'."

DIVINE LITURGY PROPERS

Prayer Book - Tone 1 - page 89

Epistle: A reading from the letter of the Holy Apostle Paul to the Colossians. (3: 12 - 16)

Brothers and Sisters! Because you are God's chosen ones, holy and beloved, clothe yourselves with heartfelt mercy, with kindness, humility, meekness, and patience. Bear with one another; forgive whatever grievances you have against one another. Forgive as the Lord has forgiven you. Over all these virtues put on love which binds the rest together and makes them perfect. Christ's peace must reign in your hearts, since as members of the one body you have been called to that peace. Dedicate yourselves to thankfulness. Let the word of Christ, rich as it is, dwell in you. In wisdom made perfect, instruct and admonish one another. Sing gratefully to God from your hearts in psalms, hymns, and inspired songs.

Молитовник - Глас 1 - стр. 88

Апостол: До Колосян послання святого апостола Павла читання (3: 12 - 16)

Браття і Сестри! Вдягніться, отже, як вибрані Божі, святі й любі, у серце спочутливе, доброту, смиренність, лагідність, довготерпеливість, терплячи один одного й прощаючи один одному взаємно, коли б хтось мав на кого скаргу. Так, як Господь простив вам, чиніть і ви так само. А над усе будьте в любові, що є зв'язок досконалости і нехай панує в серцях ваших мир Христовий, до якого ви були покликані, в одному тілі, та й будьте вдячні. Слово Христове нехай у вас перебуває щедро: навчайтесь у всякій мудрості й напоумляйте одні одних, співаючи Богові з подякою від свого серця псалми, гимни та духовні пісні.

PARISH ANNOUNCEMENTS



➤ **JORDAN HOME BLESSING:** Our Church has a beautiful tradition of visiting people's homes in the new year with blessed Jordan waters. Spiritually, it is meant to cleanse the home of any evil or strife that has built up over the past year, so that we can start the new year on a positive note. If you would like Fr. Andriy to visit your family & bless your home with Jordan water, please call/text 250-317-3881 or email pastor@crossparish.ca to make an appointment.

➤ **OUR ANNUAL GENERAL MEETING** - will be held on Sunday, February 20 after 10 am Divine Liturgy
➤ **НАШІ РІЧНІ ЗБОРИ** - у неділю 20 лютого після Служби Божої яка буде о 10 ранку.

➤ **CHURCH CALENDAR 2022** - available at the entrance to the church. Please take one per family.

➤ **PARISH NEWSLETTER BY EMAIL** - A reminder that our Parish bulletin is available by email. Please contact Fr. Andriy pastor@crossparish.ca

If you wish to submit information for the Parish bulletin, please advise Fr. Andriy or send this to the email no later than 11 am on Thursday of the week.

➤ **ЦЕРКОВНІ ВІСТІ ЕЛЕКТРОННОЮ ПОШТОЮ** - Парафіяльні вісті ви можете отримувати по електронній пошті. Будь ласка, зв'яжіться з о. Андрієм pastor@crossparish.ca

Якщо хтось хоче додати оголошення до парафіяльних вістей, просимо звертатись до о. Андрія, або надіслати оголошення на електронну пошту не пізніше четверга 11 год. ранку.

➤ **CHANGED YOUR ADDRESS** - Please notify the Parish Office if you have changed your address or telephone number in order to keep our records up to date.

➤ **ЗМІНА АДРЕСИ** - Якщо ви змінили адресу, або номер телефону, просимо повідомити про це парафію, щоб у нас був оновлений список усіх парафіян.

➤ **OFFERING PRAYERS:** parish members requesting the celebration of a Divine Liturgy for a special intention (such as: Thanksgiving, the Infirm, General Intentions, the Deceased, Help of the Holy Spirit, for the Travelers, etc.), please contact Fr. Andriy.

➤ **PARISH CALENDAR OF BIRTHDAYS AND ANNIVERSARIES** - if you would like to be included in our Parish Family Calendar of Birthday and Anniversaries celebrations, please notify Fr. Andriy

➤ **HAPPY BIRTHDAY / HAPPY ANNIVERSARY:** to those who celebrate their Birthday or Anniversary. This week's birthday: **Bohdan Skrypnyk, Darka Morin, Halyna Tymchuk**. May the Lord Our God continue to bless you abundantly and the Holy Mother of God protect you. Многая Літа!

➤ **DONATIONS** - Amid Covid-19 outbreak causing these challenging times we continue to rely on your generosity. for the parish would be greatly appreciated. We still have expenses and rely on your support. You can make donations on our web-site. <https://crossparish.ca/donation/> or sending them by mail: Holy Cross Parish 13753 - 108th Avenue, Surrey BC, V3T 2K6

➤ **THANK YOU TO ALL OUR SUPPORTERS – ДЯКУЄМО** – Our gratitude to everyone for your prayers & ongoing financial support of our parish and for all other ways in which you assist our church community. God bless you all!

➤ **REMEMBER TO PRAY FOR:** your family; your fellow parishioners; especially the shut-in or those in the hospital; those seeking God's answer to their prayers or those rejoicing with God's answer; those celebrating a birthday or anniversary; those called to their eternal reward and for the family they leave behind; as well as any other need.

➤ **A GIFT OF TIME** - Everyone has been affected by the COVID pandemic. For some the effects have been physical however many people have been affected psychologically experiencing stress, anxiety and depression. While there may be people who have more money and possessions, we all have the same amount of time: exactly 24 hours every day. The greatest gift you can give someone is your time. We encourage you to reach over the phone to connect with your fellow parishioners and share with them your gift of time. Let it be your gift to them and a gift to yourself as well as we all connect as a spiritual family.

➤ **BEQUESTS AND WILLS:** Leaving a bequest is a process of giving a donation through your will. It is simply a distribution from your estate to a charitable organization through your last will and testament. It can be as small or as large a donation as you wish. It is important that you talk to your lawyer about the process. In your kindness, please remember Holy Cross Ukrainian Catholic Parish in your bequests and wills. If anyone wishes to make such a bequest in their will, the following clause may be included or added to a will: "I give, devise, and bequeath to Holy Cross Ukrainian Catholic Church at 13753 - 108th Avenue, Surrey BC, the sum of \$_ (or _% of my estate), to be used for the benefit of the church/parish and it's needs and pastoral ministry."

CHRISTMAS CANDLE / РІЗДВЯНА СВІЧКА



Since 2012 the Ukrainian Catholic Eparchy of New Westminster has been collecting funds to help underprivileged and orphaned children in Ukraine through our Christmas Candle appeal. Our fundraising program, “**Christmas Candle/Різдвяна свічка**” is part of a larger global appeal sponsored by Caritas Ukraine. The appeal is once again taking place for the month of December and we encourage everyone to remember these children during our Christmas season with a donation. Donations can be made at any Ukrainian Catholic Parish in BC

or mailed and payable to the Ukrainian Catholic Eparchy of New Westminster and clearly marked with “Christmas Candle Project” on the envelope and cheque. For more information, please contact Dana Koren Lupynis, Natalia Lupynis or Emelia Lupynis at nweparchy.christmascandle@gmail.com and follow us on Facebook at Caritas “Christmas Candle/Різдвяна свічка” Campaign, sponsored by NWEparchy.

BASIC GUIDELINES FOR RECEPTION OF HOLY COMMUNION

1. You are a member of the Catholic Church (Orthodox faithful are welcome to receive Communion);
2. You have participated in the Sacrament of Confession at least during the Easter or Christmas seasons this past year if not more frequently;
3. You attend Divine Services regularly;
4. Your lifestyle is consistent with the teaching of the Catholic Church;
5. You have kept the Liturgical fast – no food at least one hour prior to the Divine Liturgy. (water and medicine does not break the fast).
6. You have been in church from the beginning of the service, or at least heard the Gospel.
7. To the best of your ability, you are in the state of Grace.

If for any of these or other reasons you cannot receive Holy Communion, you are welcome to come for a blessing. Please indicate to the priest that you would like to receive his blessing.



WHY DO WE BLESS HOME WITH THE HOLY WATER OF THEOPHANY?

The blessing of homes constitutes an invocative blessing, meaning that by his prayer and by the sprinkling of Holy Water the priest invokes God's blessings and protection upon the home and those living in it. We bless homes for many reasons:

- † to reveal the home as what God had created it to be, a way to Heaven
- † to rid the home of every evil
- † to show that the family is a small Church unit in Christ
- † to consecrate the home and all activity in it to God
- † to fill the home and all who live in it with the fullness of God

Traditionally, the priest personally visits all his parishioners each year to pray with them in the place where they live, and to bless their surroundings with the newly sanctified water of Theophany. By sanctifying our homes we extend the grace of God to our individual dwellings.

Just as our souls, so also our homes become tainted by the sins of those living in them and consequently lose God's protective power. We cleanse our souls of sins at least once a year and the church is blessed with the newly blessed water every year, so should our homes be sanctified with Holy Water to invoke God's blessings and protection on it and its inhabitants. As we renew the insurance on our home every year, so we should renew our insurance of God's protection and His blessing which is of greater importance and more effective.

What should we do during a home blessing? As we welcome a priest during the holy season of Theophany to bless our home, let us be mindful that he is bringing to us the "blessing of the Jordan," and that unless God protects and blesses our home, we "labour in vain." (Ps. 12 7:1)

Each family is considered a small church and the family table is the home altar. When the priest comes, have as many family members there as possible. If you do not have an icon corner, ensure that you set up a place for prayer either at the kitchen or dining table. On the table include an icon and a lit candle. You may also include anything that you may want to have blessed (i.e. icon, cross, personal item, etc.) Make sure that the lights are on in every room.

The priest will begin the blessing at the icon corner or table. If you have children, they may lead the priest, while holding a candle, to each room in the house.

The Jordan home blessing is a wonderful time for you and your priest to get to know each other better.