



# EXALTATION OF THE HOLY CROSS Ukrainian Catholic Parish



## Українська Католицька Парафія ВОЗДВИЖЕННЯ ЧЕСНОГО ХРЕСТА

### WELCOME

A warm welcome to parishioners and visitors joining us today.

Our doors are wide open:  
to all who mourn or need comfort;  
to all who are weary and need rest;  
to all who seek friendship;  
to all who desire to grow  
in relationship with God;  
to all who yearn to pray;  
to all who need a Saviour,  
and in the name our Lord, says:  
WELCOME!

### CONTACT US

**Priest:** Fr. Andriy Werbowy  
о. Андрій Вербовий  
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### HOLY MYSTERIES

**Baptism:** by appointment

**Confessions:** by appointment

**Marriages:** please contact the Priest at least six months in advance before any other arrangements are made

**Ministry of the Sick - Hospital**

**Visits:** Parishioners with special circumstances that wish to be visited, please contact the Parish Priest.

**Funerals:** by appointment

17 Sunday after Pentecost  
17 Неділя після П'ятидесятниці  
OCTOBER 2, 2022



There are days that we pray and get no answer. We come before God and offer all that we are and all that we have. We speak our words, express our feelings, make known our needs and nothing happens. We wait. We listen. God is silent. It's like talking to the walls of our room. If you've ever felt that way then you know this Canaanite woman. "Have mercy on me, Lord, Son of David; my daughter is tormented by a demon." But he did not answer her at all. Instead he talked about her to the disciples. She heard every word. "I was sent only to the lost sheep of the house of Israel," Jesus tells them. For her, however, there are no words, no gestures, no acknowledgment, no explanation. Nothing at all. What do we do when that happens? Where do we go? Do give up? Get mad? Quit the church? Jesus was silent. She could have gone home, argued, or asked, "Why?" But she didn't. Instead she came closer to Jesus, fell before him, and worshiped him saying, "Lord, help me." That doesn't make sense but that's what she does. This woman who was ignored and seemingly rejected by Jesus moves even closer, entering deeper into his silence, and begs like a dog. She continues to show up trusting that somehow it is enough to just be there before him. Let us learn from the Canaanite Woman to patiently persevere in prayer!

МОЛИСЬ ЗА УКРАЇНУ

PRAY FOR UKRAINE

## DIVINE LITURGY PROPERS

### TONE 8 - page 105

#### Reading from the Epistle of Saint Paul to the Corinthians (6:16-7:1)

Brothers and Sisters, What agreement has the temple of God with idols? For we are the temple of the living God; as God said, "I will live in them and walk among them, and I will be their God, and they shall be my people. Therefore come out from them, and be separate from them, says the Lord, and touch nothing unclean; then I will welcome you, and I will be your father, and you shall be my sons and daughters, says the Lord Almighty." Since we have these promises, beloved, let us cleanse ourselves from every defilement of body and of spirit, making holiness perfect in the fear of God.

### ГЛАС 8 - стр. 104

#### До коринтян послання святого апостола Павла читання (6:16-7:1)

Браття і Сестри, ви — храм Бога живого, як сам Бог сказав був: Я поселюся в них і серед них буду ходити, буду їхнім Богом, вони ж будуть моїм народом. Вийдіть, отже, з-між них і відлучіться, каже Господь. Нечистого не дотикайтесь, і я вас прийму. Я буду вам Отцем, ви ж будете мені синами та дочками, каже Господь Вседержитель. Маючи такі обітниці, о любі, очистьмо себе від усякої скверни тіла й духа, довершуючи наше освячення в Божому страхі.

## PARISH ANNOUNCEMENTS

➤ **OFFERING PRAYERS:** parish members requesting the celebration of a Divine Liturgy for a special intention (such as: Thanksgiving, the Infirm, General Intentions, the Deceased, Help of the Holy Spirit, for the Travelers, etc.), please contact Fr. Andriy.

➤ **DIRECT DEPOSIT:** To set-up automatic withdrawals from your bank account for your Sunday donations, please, contact our treasurer, Kathryn Hitchen [treasurer@crossparish.ca](mailto:treasurer@crossparish.ca)

➤ **PLEASE PRAY FOR THE HEALTH** of all those affected by the coronavirus, those wounded in the war in Ukraine and: **Sophie Watson, Mary Shemley** all sick brothers and sisters in our families and parish community. Please let Fr. Andriy know if you would like to add names to the prayer list and also notify him about any sick and/or hospitalized parishioners and family members.

➤ **PRAYER BOOKS FOR SALE** - If you wish to purchase your own (\$10 each) please contact Fr. Andriy.

➤ **HAPPY BIRTHDAY:** to all those who celebrated their birthdays this past week. May the Lord Our God continue to bless you abundantly and the Holy Mother of God protect you. Многая Літа!

➤ **THANK YOU TO ALL OUR SUPPORTERS – ДЯКУЄМО** – Our gratitude to everyone for your prayers & ongoing financial support of our parish and for all other ways in which you assist our church community. God bless you all!

➤ **REMEMBER TO PRAY FOR:** your family; your fellow parishioners; especially the shut-in or those in the hospital; those seeking God's answer to their prayers or those rejoicing with God's answer; those celebrating a birthday or anniversary; those called to their eternal reward and for the family they leave behind; as well as any other need.

➤ **BEQUESTS AND WILLS:** Leaving a bequest is a process of giving a donation through your will. It is simply a distribution from your estate to a charitable organization through your last will and testament. It can be as small or as large a donation as you wish. It is important that you talk to your lawyer about the process. In your kindness, please remember Holy Cross Ukrainian Catholic Parish in your bequests and wills. If anyone wishes to make such a bequest in their will, the following clause may be included or added to a will: "I give, devise, and bequeath to Holy Cross Ukrainian Catholic Church at 13753 - 108th Avenue, Surrey BC, the sum of \$\_ (or \_% of my estate), to be used for the benefit of the church/parish and it's needs and pastoral ministry."

## BASIC GUIDELINES FOR RECEPTION OF HOLY COMMUNION

1. You are a member of the Catholic Church (Orthodox faithful are welcome to receive Communion);
2. You have participated in the Sacrament of Confession at least during the Easter or Christmas seasons this past year if not more frequently;
3. You attend Divine Services regularly;
4. Your lifestyle is consistent with the teaching of the Catholic Church;
5. You have kept the Liturgical fast – no food at least one hour prior to the Divine Liturgy. (water and medicine does not break the fast).
6. You have been in church from the beginning of the service, or at least heard the Gospel.
7. To the best of your ability, you are in the state of Grace.

*If for any of these or other reasons you cannot receive Holy Communion, you are welcome to come for a blessing. Please indicate to the priest that you would like to receive his blessing.*

## HELP UKRAINE

➤ **EMERGENCY HUMANITARIAN AID TO THE PEOPLE IN UKRAINE** - The Ukrainian Catholic Church in Canada has partnered with the Catholic Near East Welfare Association in Canada (CNEWA) to provide immediate humanitarian support for the people of Ukraine. With the threat of further invasion by Russia, the already 8-year war in Ukraine has placed several million people in desperate need for food, shelter, medical attention, and more. Will you help your brother and sister in need? Please pray. Stay informed.

**Donate:** <https://cnewa.org/ca/campaigns/ukraine/>



You can recycle, help the Earth, and help support Holy Cross Church all at the same time.

Return-It has locations all across the lower mainland. It is easy and convenient and you don't have to sort your cans anymore.

All that in just six simple steps.

1. Collect all your cans, bottles and returnables.
2. Place them in a clear plastic bag (the clear blue bags are acceptable too!)
3. Find a Return-It Centre near you <https://www.return-it.ca/locations/>
4. Bring bag to Return-It centre
5. Type in phone number **604-341-2600** (Bruce Hitchen) and how many stickers you need
6. Print off sticker at Kiosk, attach to the bag and you're done!

**Before Breakfast**

O Most Holy Trinity, have mercy on us! Lord, cleanse us from our sins! Master, pardon our transgressions! Holy One, visit and heal our infirmities for Thy name's sake.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Lord, have mercy! (3 times)

O Christ God, bless the food and drink of Thy servants, for Thou art holy, always, now and ever and unto ages of ages. Amen.

**After Breakfast**

More honorable than the Cherubim, and more glorious beyond compare than the Seraphim: without defilement you gave birth to God the Word: true Theotokos, we magnify you.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Lord, have mercy! (3 times)

God is with us, through His Grace and love for mankind, always now and ever, and unto ages of ages. Amen.

**Before Lunch**

Our Father, Who art in heaven, hallowed be Thy Name. Thy Kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Lord, have mercy! (3 times)

O Christ God, bless the food and drink of Thy servants, for Thou art holy, always, now and ever and unto ages of ages. Amen.

**After Lunch**

We thank Thee, Christ our God, for Thou hast satisfied us with Thine earthly gifts. Deprive us not of Thy Heavenly Kingdom, but as Thou camest among Thy disciples, O Savior, giving them peace, so come to us and save us!

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Lord, have mercy! (3 times)

Blessed is God, Who has had mercy on us and fed us from His rich gifts, through His Grace and love for mankind, always, now and ever and unto ages of ages. Amen.

**Before Supper**

The poor shall eat and be satisfied, and those who seek the Lord shall praise Him; their hearts shall live forever!

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Lord, have mercy! (3 times)

O Christ God, bless the food and drink of Thy servants, for Thou art holy, always, now and ever and unto ages of ages. Amen.

**After Supper**

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Your womb became a Heavenly Table, bearing the Heavenly Bread - Christ our God. Whoever eats of Him shall not die, O Birth-giver of God, according to the word of the Nourisher of all.

More honorable than the Cherubim, and more glorious beyond compare than the Seraphim: without defilement you gave birth to God the Word: true Theotokos, we magnify you.

Thou, O Lord, hast made us glad by Thy works; in the works of Thy hands shall we rejoice. Lift up the Light of Thy countenance upon us, O Lord! Thou hast put joy in my heart. With the fruit of wheat, wine and oil have we been satisfied. In peace I will both lie down and sleep; for Thou alone, O Lord, makest me to dwell in hope.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Lord, have mercy! (3 times)

God is with us, through His Grace and love for mankind, always now and ever, and unto ages of ages. Amen.